

HOLIDAY ENGAGEMENT SAPLING 1 (2023-24)

Summer holidays, time to have fun, Relax, play with friends and also learn!

Time to bond with grandparents too, Be a helping hand at home, that's what you should do!

Let's Learn new skills, create, read and write, Do it yourself, you are responsible and bright!

With the summer temperatures soaring high, children look forward to vacation when they can relax with friends, travel and spend undivided time with family.

To ensure that the children stay safely indoors and have a constructive downtime –Holiday Engagement has been designed. The mini projects will certainly keep the children active, observant and occupied.

The projects are an excellent way to build 21st century skills: Collaboration, Effective Communication, Creative & Critical Thinking and eventually allow them to be an aware Global Citizen. They are age - appropriate in nature and are extension of the skills learnt at school. The teachers have explained them tostudents, nevertheless, we urge you to guide and encourage your child to do them independently.

We also request you to compile the projects and worksheets in a folder. We will be very happy to review them, display them and discuss them in class once children are back.

Eat well, sleep well and stay happy! See you soon!



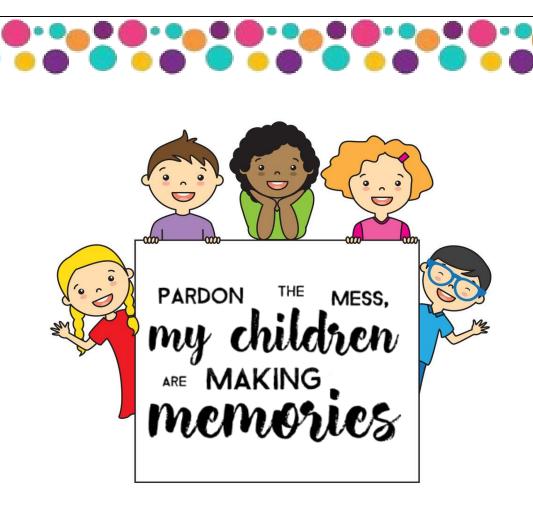
SOME USEFUL TIPS FOR SUMMER VACATION

Do'S

DONT'S

- **❖** Wake up early
- ❖ Do yoga, meditation
- Start learning a new skill like painting, dance, music or public speaking.
- Play games, do a lot of physical activity, but only during the morning and evening hours.
- Help out your parents in family chores, and learn some useful skills that way.
- Eat good food, drink plenty of water, and have lots of fun!

- Do not waste all your time to play video games and/or mobile games.
- Don't go out during the hours of peak sunshine. Try some interesting indoor activities.
- Do not oversleep, and do not let laziness take you over. Stay active during the vacations.



Dear Parents,

Summer vacation is a time for fun and frolic, going out exploring new places, basking the sun, playing and much more. Time spent with the little one is the most precious gift one can give as a parent, as an uncle, as an aunt or as a grandparent. These memories stay alive and refresh each one. The quality time and learning given to the child helps him/her cherish love and bond relations stronger. Just to spend more time with your child, we have planned some exciting activities that would help you connect with him/her. The activities across all the subjects are planned with a common idea behind – "Bonding". Let's together explore the new ways of collaborative learning.

Activity to develop creativity and Fine Motor Skills.

Get creative by making different animals with your thumb impression and you can also make any animals from the above stories.

Material required -

A white A/4 sheet and paints.



ACTIVITY 2

Activity to become environmental conscious and develop Observational Skills.

Let the green be seen. Plant a flowering seed in a pot, water it and see how it goes. Capture its growth at different intervals of the days. Enjoy the wow! moment during the process.





Activity to develop Gross Motor Skills.

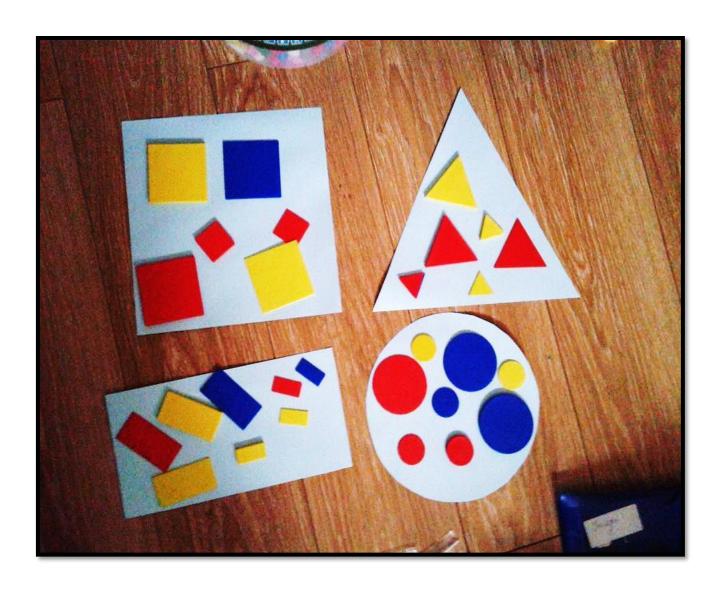
- Create your own hopscotch on the floor with shapes and have fun playing it.
- Make shapes (circle, square,) on the floor. Have fun jumping in and out of the shapes
- Choose a shape that you like, sit in it and do some breathing and stretching exercises.
- Once you have completed the activity,
- Do Worksheet 3





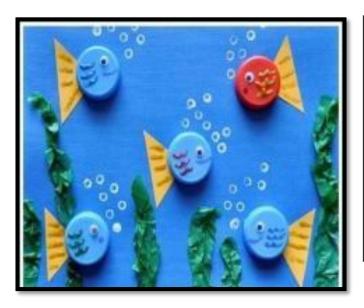
Activity to develop Observational and Cognitive Skills.

- Colour Sorting Activity.
- Look around for objects of different colours that we have explored in school like red, yellow, blue and green. Collect them in a basket. Now place different colour sheets on the floor and enjoy sorting the objects as per their colours.
- Once you have completed the activity,
- Do Worksheet 4 and Worksheet 6



Activity to develop Creative Skills by reusing and recycling things.

• Create a picture- Toothbrush painting/ Bottle cap /Bottle painting/use bottle caps to create a picture.





ACTIVITY 6

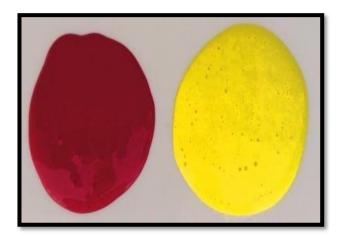
Activity to develop Life Skills and eye hand coordination.

Today, try to sort the cutlery. Put all the spoons together, forks together and blunt knives together.



Activity to develop creative and Observational Skills.

- Mixing fun
- Mix two primary colours to make a new secondary colour. Like: (paint mixed in water) Take yellow colour water in a see through cup and red in another. Now slowly pour red water in yellow water and see the new colour emerging. Now use the new colour to paint the pictures.
- Once you have completed the activity Do Worksheet 5 and Worksheet 7





ACTIVITY 8

<u>Activity to develop Creative, Fine Motor Skills and help one become</u> environment conscious.

Go for a nature walk with an adult. Carry a basket and try to collect fallen leaves of different shapes and sizes, twigs, small and stones.

Now take a colour A/4 sheet and try making a self-portrait using them.





Activity to develop Life Skills and eye hand coordination.

Find the right match: Pair the correct washed up socks. Dress up: wear your shoes, socks, sandals and dress on your own. Once you have completed the activity Do Worksheet 8



ACTIVITY 10

Activity to develop Life Skills, creativity and eye hand coordination.

Enjoy Making your own breakfast today. Make a sandwich of your choice, using carrots, cucumber, ketchup, any spread and gems. Take pictures and send the photographs through Edunext.





Activity to develop Creative Skills. Get creative with fork painting.

Take a Fork, colour paints Make an impression on A4 size sheets and design.







ACTIVITY 12

Activity to develop Gross Motor skills and Balancing.

Make a taped line on the floor or tape yarn/string to the floor. Balance beams maybe used, as well. Challenge yourself to walk on the line or beam in a variety of ways: forward, heel-to-toe, with arms outstretched, hands on hips, and even walking sideways or backwards. You can also keep a book on your head and then try walking on the line, remember you need to balance the book and try let it not fall.





Activity to develop Life Skills and eye hand coordination.

Help your family to lay the table for dinner time and learn to fold a napkin.

Once you have completed the activity Do Worksheet 9



ACTIVITY 14

Activity to develop Gross Motor and Cognitive Skills.

Move around using your hands, arms, legs and make sounds to pretend like animals. Hiss like a snake Leap like a frog, Scratch like a monkey Roar like a Lion. Once you have completed the activity

Do Worksheet 10 and Worksheet 11



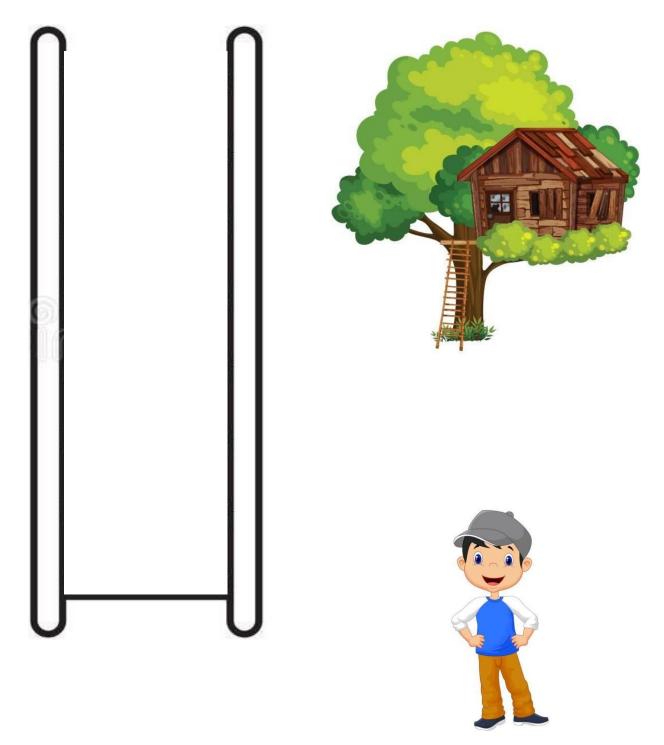
Activity to develop Gross Motor Skills and eye hand coordination.

Ball Fun –
Take a basket and some balls
Sit at a distance and aim the balls in the basket.



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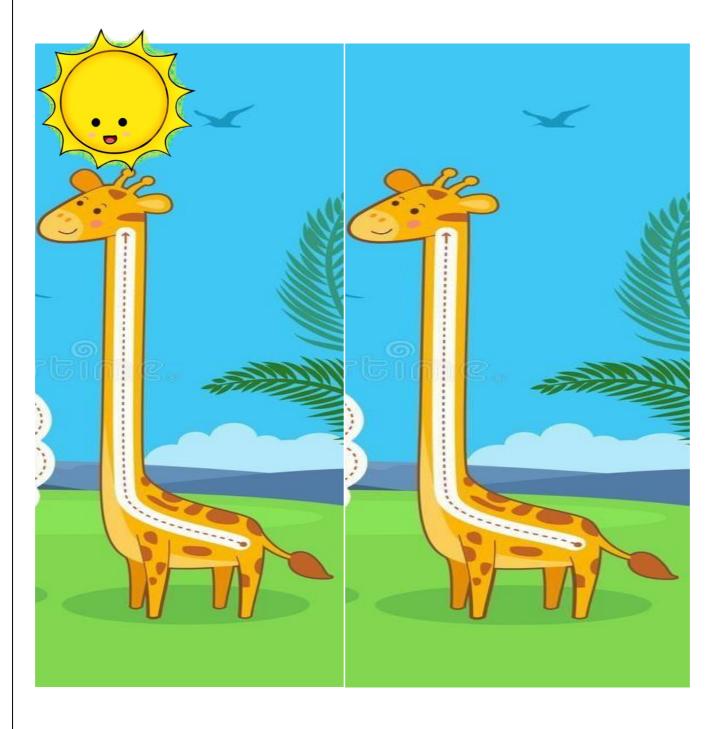
Help Tim to complete the broken ladder. Paste the match stick and complete the ladder.



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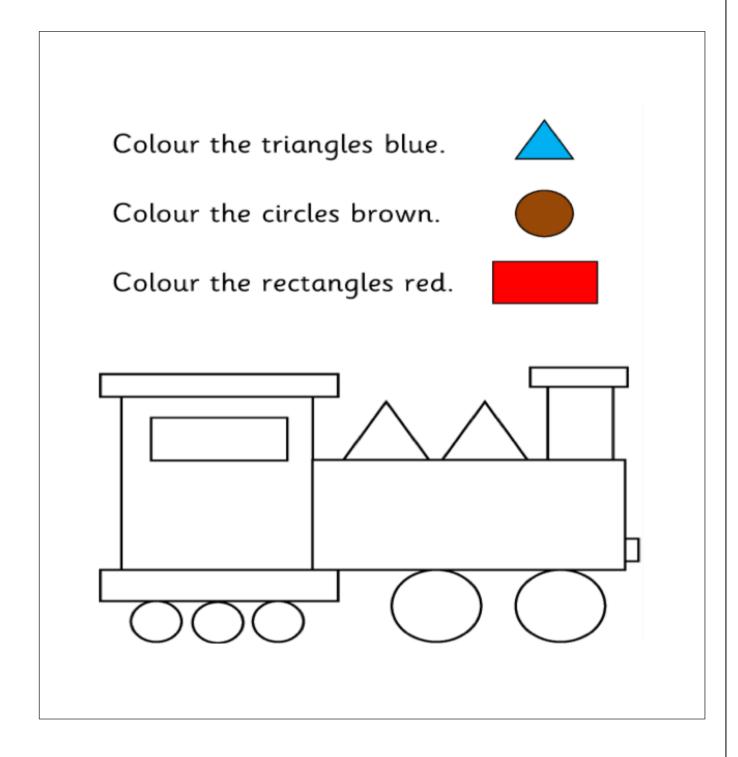
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Trace the giraffe's neck using finger printing .

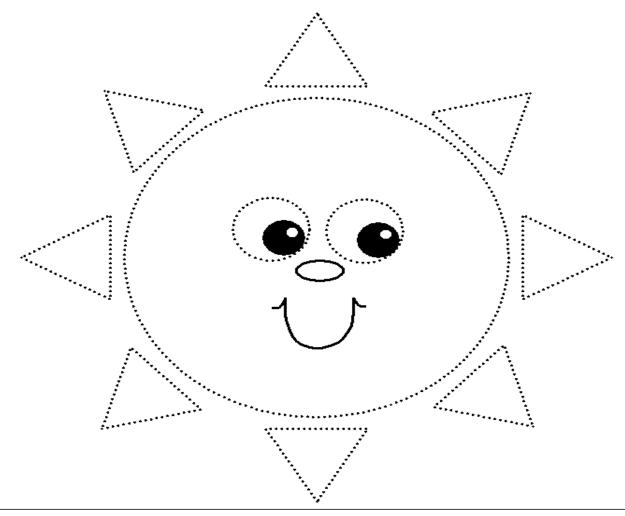


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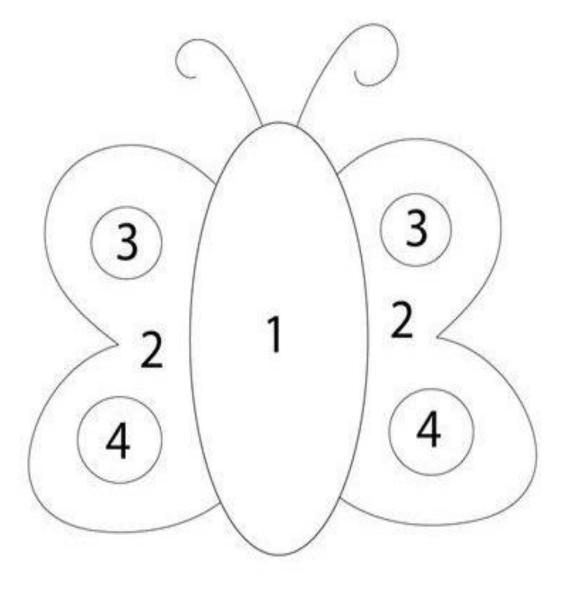
Shapes and Colors: Trace the circles and color them yellow.

Trace the triangles \triangle and color them orange.



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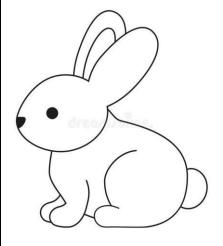
Colour the pictures.

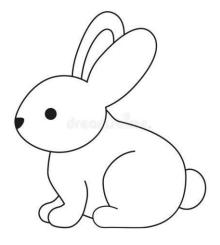


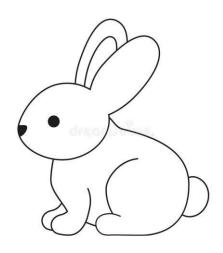
- 1- blue 3- green2- yellow 4- purple

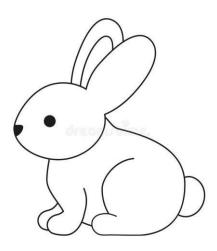
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Paste the colourful cotton ball on the rabbit's tail and complete the picture.





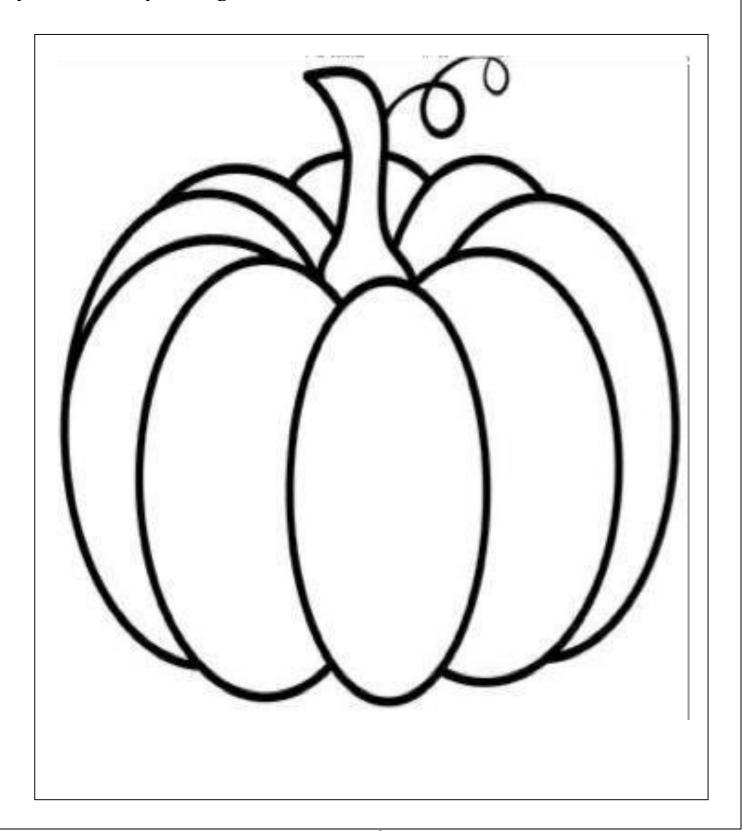




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Paint the pumpkin with cotton /sponge dabbing, using the colour you created by mixing the two colours.



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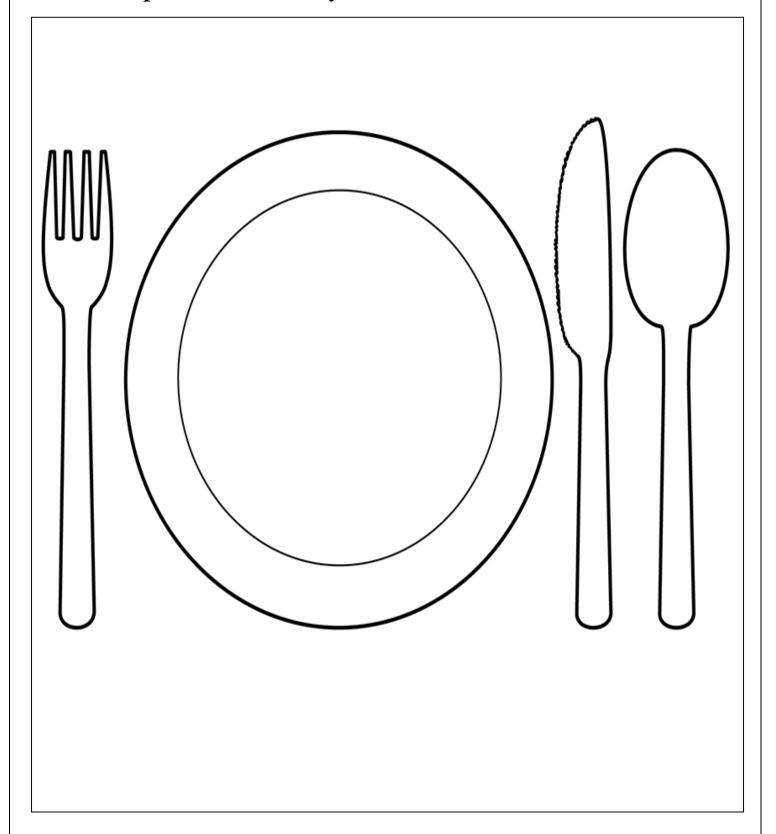
Match the same socks to complete the pair.



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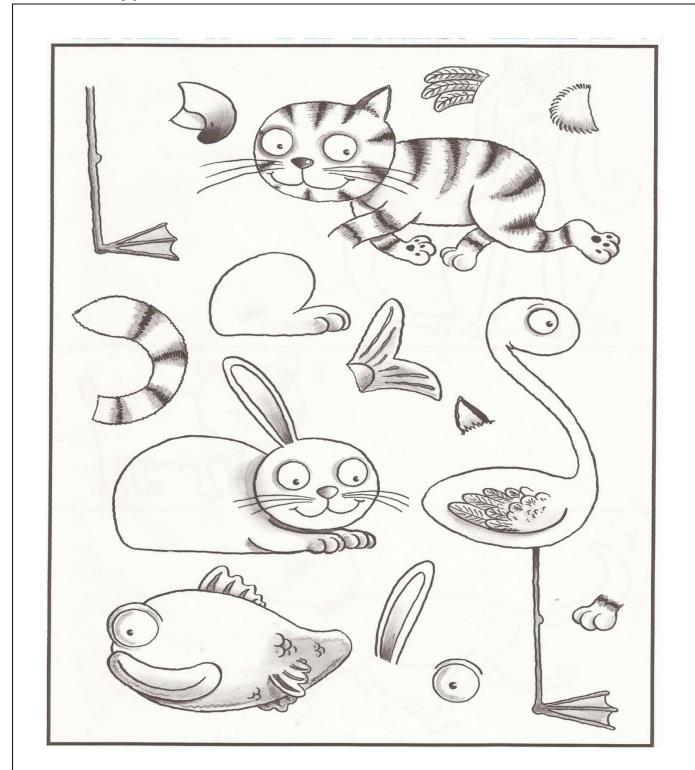
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Colour the plate and the cutlery .



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Match the body parts of the animals with a line and colour them in the same colour .



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